

ABOUT US

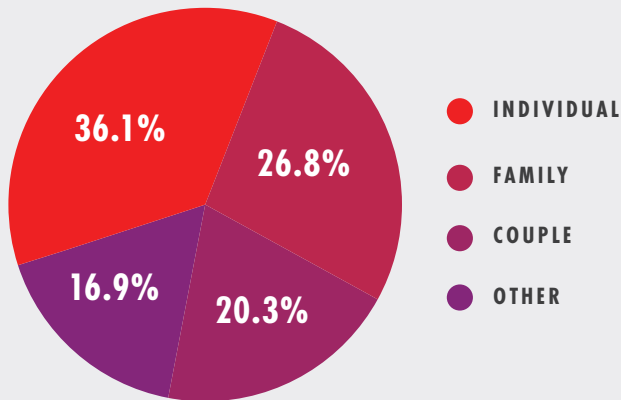
Mountainside Fitness is a locally owned chain of high end health clubs with locations in every corner of the Phoenix valley. Beginning in 1991 with a single club, free towel service and hard work, Mountainside has grown into a fitness empire with eighteen locations and over 100,000 satisfied members. The pillars of Mountainside Fitness were built on family values, outstanding childcare, state-of-the-art equipment and 80 different group fitness classes offered weekly. Mountainside has been providing a luxurious health club experience at an affordable price to our valued Arizona residents for thirty years.

📍 20 VALLEY LOCATIONS

👤 100,000 MEMBERS

💡 MODERN FACILITIES

MEMBER MAKE-UP



WEBSITE

👁️ 120,000 visits per month

📱 40K+ MSF app downloads

📝 Weekly blog posts

FANS: 22K+
ENGAGEMENT: 48K
AVG POSTS/WEEK: 15.4

FANS: 13K+
ENGAGEMENT: 31K+
AVG POSTS/WEEK: 6.2

FANS: 7K+
ENGAGEMENT: 4K+
AVG POSTS/WEEK: 5.3

CURRENT PARTNERS

